

# Eight Weeks to a Wonderful Marriage

- Fine Tune Good Marriages
- Strengthen Weak Marriages
- Heal Broken Marriages



Books and information alone typically do not create long-term changes in behavior. This course produces significant improvements in your marriage by showing each spouse:

- What to do
- How to do it

Long term habits are formed as class members provide:

- Positive Affirmation
- A Committed Support Group

Each couple attends a 2.5-hour interactive session once a week for eight weeks lead by trained facilitators. Between sessions you and your spouse will do several hours of sharing and reading that will tremendously impact your marriage.

- Discover the negative habits called Love Busters!
- Master the concept of the Love Bank.
- Develop openness and honesty to enhance your marriage.
- Reach deeper levels of communication with your mate.
- Experience new heights of sexual fulfillment in your marriage.

## *Does this describe your marriage?*

- There is a low steady fire but not as much flame as there once was.
- There is still a spark but no flames.
- You're not even sure if the pilot light is still lit.
- There is nothing but a cold bed of coals.

Do you ever wonder what happened to the person you married? Or perhaps you're convinced you married the wrong person!

**Dynamic Marriage** seminars have already fanned the flame and even relit fires that have gone cold in thousands of marriages across the country.

## *What is Dynamic Marriage?*

**Dr. Willard F. Harley, Jr.**, a psychologist in Minneapolis, discovered a simple yet powerful way to strengthen any marriage. He says, "It takes a person from being incompatible to being irresistible."

Dr. Harley wrote three books describing his wonderful system: *His Needs, Her Needs*; *Love Busters*; and *5 Steps to Romantic Love*. **Family Dynamics Institute** has, with Dr. Harley's blessing, taken this material and developed an eight-week class that truly builds better marriages!

The interactive class takes 12 couples through eight weeks of *life & marriage* enhancing experiences. It is grounded in strong emotional, educational, psychological and biblical principles.

The **Dynamic Marriage** experience will not only build a better marriage but your whole family will be strengthened as well! You will discover that the improved relationship with your mate can't help but strengthen your whole family.

## *What You Will Gain:*

- You will discover the negative habits called Love Busters that harm your marriage and how to overcome them.
- You will learn how to replace those negative habits with those that will meet the needs of your mate.
- You will discover how honesty and openness enhance your marriage.
- You will reach deeper levels of communication with your mate.
- You will experience new heights of sexual fulfillment in your marriage.
- You will learn to love each other more than you ever have.

## You Will Discover ...

... the most important emotional needs in your marriage. The course covers the following areas:

- Sexual Fulfillment
- Affection
- Recreational Companionship
- Conversation
- An Attractive Spouse
- Honesty & Openness
- Domestic Support
- Financial Support
- Admiration
- Family Commitment

## Schedule

|                     |   |
|---------------------|---|
| <b>Date</b>         | Classes begin in Feb & Sep of each year. Check the web for exact dates  |
| <b>Time</b>         | Sunday, 2:00p - 4:30p   |
| <b>Place</b>        | Fairfax Church of Christ<br>3901 Rugby Rd, Room 201<br>Fairfax, VA 22033  |
| <b>Phone</b>        | 703-631-2100  |
| <b>Web</b>          | <a href="http://www.fxcc.org/dynamic-marriage">www.fxcc.org/dynamic-marriage</a>  |
| <b>Facilitators</b> | David & Linda Himes<br>703-569-2828<br><a href="mailto:davidphimes@gmail.com">davidphimes@gmail.com</a><br><a href="mailto:lindaehimes@gmail.com">lindaehimes@gmail.com</a> |

## Eight Weeks to a Wonderful Marriage!

Each week, a max of 12 couples will meet together for a 2-½ hour interactive session in a warm and friendly environment.

Before coming to class, each couple will spend three or four hours to:

- complete a reading assignment,
- answer questions about a specific area of their marriage, and
- share these answers with their spouse.

These exercises will lead you to better understand each other as you never have before. Here, you will begin meeting each other's needs and thus having your needs met.

## Cost

- The fee is \$160.00 per couple
- Complimentary child care is provided
- Registration is required because the class is strictly limited to 12 couples.
- Register online at [www.fxcc.org/dynamic-marriage](http://www.fxcc.org/dynamic-marriage)

*Fairfax*  
CHURCH OF CHRIST

## Registration Information

|                  | First | Last | Home Phone | Cell Phone |
|------------------|-------|------|------------|------------|
| Her              |       |      |            |            |
| Him              |       |      |            |            |
| Address          |       |      |            |            |
| City, State, Zip |       |      |            |            |
| Children & Ages  |       |      |            |            |
| Her Email        |       |      |            |            |
| His Email        |       |      |            |            |